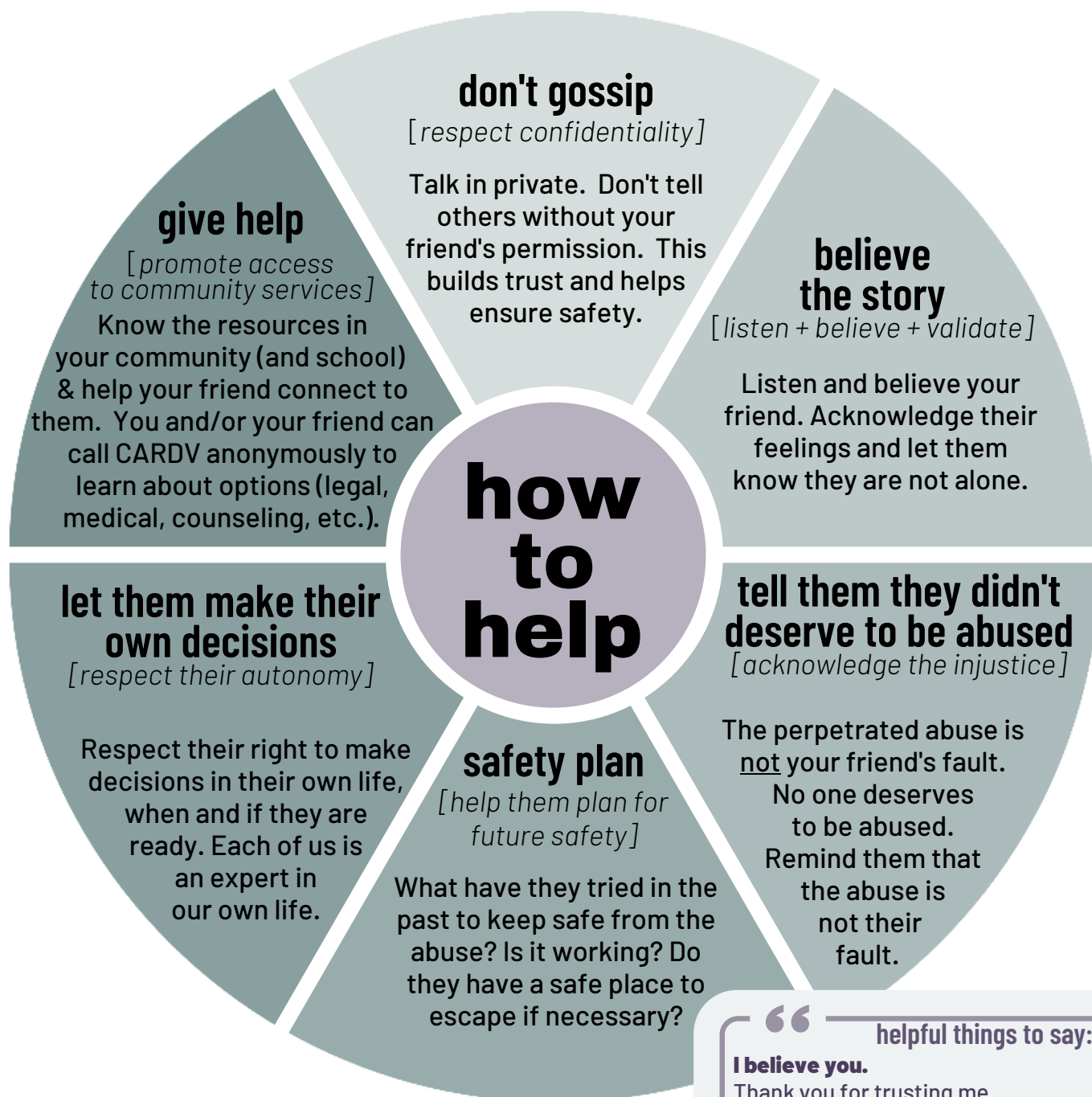




CARDV HOW TO OFFER SUPPORT



helpful things to say:

I believe you.

Thank you for trusting me.

It's not your fault.

I want you to be safe.

You don't deserve this.

This is important.

What do you need?

I'm glad you told me.

I'm here if you need me or ever want to talk.